

Bachelor of Sport and Exercise (Honours) (BSEH) - BSpExHonsCEP New

QTAC code (Australian and New Zealand applicants): Ipswich campus: 936211; External: 906215

CRICOS code (International applicants): 093264F

	On-campus* [^]	External* [^]
Semester intake:	Semester 1 (February) Semester 2 (July)	Semester 1 (February) Semester 2 (July)
Campus:	Ipswich	-
Fees:	Commonwealth supported place Domestic full fee paying place International full fee paying place	Commonwealth supported place Domestic full fee paying place International full fee paying place
Residential school:		Ipswich campus (compulsory)
Standard duration:	4 years full-time; 8 years part-time	

Footnotes

* For all modes there will be on-campus and practical attendance requirements for some courses. In order to successfully complete the program, students must be able to fulfil the practical attendance requirements

[^] This program is available to international on-campus and external students studying in Australia only. It is not available to international students studying overseas.

Contact us

Future Australian and New Zealand students	Future International students	Current students
Ask a question Freecall (within Australia): 1800 269 500 Phone (from outside Australia): +61 7 4631 5315 Email: study@usq.edu.au	Ask a question Phone: +61 7 4631 5543 Email: international@usq.edu.au	Ask a question Freecall (within Australia): 1800 007 252 Phone (from outside Australia): +61 7 4631 2285 Email usq.support@usq.edu.au

Professional accreditation

The Bachelor of Sport and Exercise (Honours) with a major in Clinical Exercise Physiology is designed to meet Exercise and Sports Science Australia (ESSA) accreditation requirements. USQ is seeking accreditation from ESSA with an expected completion of 2018.

Program aims

The Bachelor of Sport and Exercise (Honours) with a major in Clinical Exercise Physiology aims to allow students to develop or extend their knowledge and expertise to meet personal achievement goals or provide for career opportunities within the health, sports and fitness industry such as sports coaches, personal trainers, sports development officers, sports performance directors or a range of other roles. The Bachelor of Sport and Exercise (Honours) (Clinical Exercise Physiology) specifically provides for graduates to obtain ESSA qualification as an exercise physiologist.

Program objectives

On completion of the program graduates will be able to:

- (1) Apply proficient levels of discipline knowledge and skills relevant to health, exercise and fitness across the lifespan of an individual.
- (2) Compare and contrast exercise related issues and circumstances of individuals and groups, including sports performers and those with disabilities, chronic diseases and from a range of age groups across the lifespan of an individual.
- (3) Apply highly-developed practical skills relevant to laboratory, clinical and field situations in the sport and exercise area.
- (4) Display evidence-based practice, good communication skills, professional development and research.
- (5) Critically analyse levels of safe, professional and ethical practice displayed in interactions with clients

Progression into practical courses is dependent upon a pass grade in theoretical and other practical courses which have been set as prerequisites.

Applicants must be willing to undertake and submit the requirements of the University of Southern Queensland and Queensland Health for practical placement. Please refer to the applicable [Professional Practice Experience Handbook](#) for Bachelor of Sport and Exercise (Honours) Students.

Program fees

Commonwealth supported place

Core courses

IT requirements

Students must have reliable access to email and the Internet. Broadband access is required for all courses. For information technology requirements, please see the [minimum computing standards](#).

Residential schools

The attendance requirement of residential schools within this degree is indicated by the following letters: V = Voluntary; O = Optional; C = Compulsory; R = Recommended; HR = Highly Recommended; M = Mandatory. Further information is available [here](#) and in the [Policy and Procedure Library](#)

For all modes there will be on-campus and practical attendance requirements for some courses. For some courses external student attendance at identified residential school is necessary to complete the course. In order to successfully complete the program students must be able to fulfil practical attendance requirements of a one week residential school in Years 1, 2, 3 and 4. Residential schools are arranged at the most convenient times for most students and, depending on the course, may be offered at the Toowoomba or Ipswich campuses.

Articulation

The Bachelor of Sport and Exercise (Honours) (Clinical Exercise Physiology) does not articulate to any other program, however graduates may be interested in applying for the Master of Science (Research) (Sport and Exercise) Applied or Advanced specialisation programs or seek entry into a professional doctorate program.

Related programs

Bachelor of Sport and Exercise (BSES)

Exit points

The Bachelor of Sport and Exercise (Honours) (Clinical Exercise Physiology) will have the following exit points:

Those students who fail to maintain an average passing grade (GPA 4.0) across levels 1 to 3 will normally not be permitted to enrol in the fourth year of the program and will be exited from the degree. Those students will graduate with a Bachelor of Sport and Exercise (BSES). **Please note:** Students who wish to exit under the Sport and Exercise Science Major will need to meet the Exercise and Sport Science Australia (ESSA) requirements. This requirement will mean the completion of three required courses in Level 3 that are not part of the Bachelor of Sport and Exercise (Honours) program.

Students who complete 24 approved courses can exit with a Bachelor of Sport and Exercise (BSES) Applied Sport and Exercise major. Students who complete 16 approved courses can exit with an Associate Degree of Sport and Exercise (ADSE).

Students who complete 8 approved courses can exit with a [Diploma of Sport and Exercise](#) (DSES).

Credit

Exemptions/credit will be assessed based on the [USQ Credit and Exemption Procedure](#). Graduates from sport and exercise or other university programs within the last 5 years are eligible for exemptions from some of the courses within the BSEH (CEP) program.

Course transfers

Courses may be transferred to other programs; students should consult the relevant Faculty.

Bachelor of Sport and Exercise (Honours) (Clinical Exercise Physiology) recommended enrolment pattern - Semester 1 entry

Students are able to enrol in any offered mode of a course (on-campus, external or online), regardless of the program mode of study they enrolled in.
