

Graduate Certificate of Sport and Exercise (GCSE) - GradCertSportEx

CRICOS code (International applicants): 093874B

	On-campus	Online
Semester intake:	Semester 1 (February) Semester 2 (July)	Semester 1 (February) Semester 2 (July)
Campus:	Ipswich	-
Fees:	Domestic full fee paying place International full fee paying place	Domestic full fee paying place International full fee paying place
Standard duration:	0.5 year full-time, 1 year part-time	
Program articulation:	From: Bachelor of Sport and Exercise	

Contact us

Future Australian and New Zealand students	Future International students	Current students
Ask a question Freecall (within Australia): 1800 269 500 Phone (from outside Australia): +61 7 4631 5315 Email: study@usq.edu.au	Ask a question Phone: +61 7 4631 5543 Email: international@usq.edu.au	Ask a question Freecall (within Australia): 1800 007 252 Phone (from outside Australia): +61 7 4631 2285 Email usq.support@usq.edu.au

Program aims

The Graduate Certificate of Sport and Exercise (GCSE) aims to provide students with the opportunity to develop and extend their knowledge and skills relevant to health, fitness and sports performance across the lifespan to an advanced level. Students undertaking the program will usually have qualifications in various related disciplines (although any undergraduate degree is acceptable) or be students who have completed an undergraduate degree in the area of sport and exercise. The program, may be used to meet work or professional requirements, allow for program exemptions, or be part of course requirements in some postgraduate programs. The program is designed to meet personal achievement goals or provide for career opportunities within the health, sports and fitness industry such as sports coaches, personal trainers, sports development officers or a range of other roles.

Program objectives

On completion of the program graduates will be able to demonstrate:

- (1) An advanced level of discipline knowledge and skills relevant to health, fitness and sports performance across the lifespan.
- (2) High level of understanding of exercise related issues and circumstances of individuals and groups, including sports performers and those with disabilities, chronic diseases and from a range of age groups across the lifespan.
- (3) Highly-developed practical skills relevant to laboratory, clinical and field situations in the sport and exercise area.
- (4) Expert level of commitment to evidence-based practice, good communication skills, professional development and research.

- (5) Very competent level of safe, professional and ethical practice displayed in interactions with clients from a range of populations, and a variety of contexts, across the lifespan.

Australian Qualifications Framework

The

- [SES3103 Nutrition and Exercise](#) (available Semester 2 and 3)

Program completion requirements

Students must complete the two compulsory courses and two specified approved courses.

Required time limits

Students have a maximum of 2 years to complete this program.

Practical experience

There will be a small amount of professional experience required as an extension to courses (e.g. opportunity to observe or participate in a particular sport and exercise context). This professional experience will be in the nature of work experience and largely self-directed.

The student is responsible to find and arrange their placement and must meet all costs associated with the acquisition of practical experience to satisfy this requirement.

IT requirements

Students must have reliable and ready access to email and the Internet. Broadband access is required for the four compulsory core courses. For information technology requirements, please see the [minimum computing standards](#).

Recommended Enrolment Pattern - Full-time

Students are able to enrol in any offered mode of a course (on-campus, external or online), regardless of the program mode of study they enrolled in.

