

Program objectives

On completion of the program graduates will be able to:

- (1) Apply proficient levels of discipline knowledge and skills relevant to health, exercise and fitness across the lifespan of an individual.
- (2) Compare and contrast exercise related issues and circumstances of individuals and groups, including sports performers and those with disabilities, chronic diseases and from a range of age groups across the lifespan of an individual.
- (3) Apply highly-developed practical skills relevant to laboratory, clinical and field situations in the sport and exercise area.
- (4) Display evidence-based practice, good communication skills, professional development and research.
- (5) Critically analyse levels of safe, professional and ethical practice displayed in interactions with clients from a range of populations, and a variety of contexts, across the lifespan of an individual.

Australian Qualifications Framework

The Australian Qualifications Framework (AQF) is a single national, comprehensive system of qualifications offered by higher education institutions (including universities), vocational education and training institutions

Requirements for professional experience placements

Practical experience is an integral component of the program and each student is required to undertake and satisfactorily complete 500 hours of practical experience.

Progression into practical courses is dependent upon a pass grade in theoretical and other practical courses which have been set as prerequisites.

Applicants must be willing to undertake and submit the requirements of the University of Southern Queensland and Queensland Health for practical placement. Please refer to the applicable [Professional Practice Experience](#)

IT requirements

Students must have reliable access to email and the Internet. Broadband access is required for all courses. For information technology requirements, please see the [minimum computing standards](#).

Residential schools

The attendance requirement of residential schools within this degree is indicated by the following letters: V = Voluntary; O = Optional; C = Compulsory; R = Recommended; HR = Highly Recommended; M = Mandatory. Find out more about [residential schools](#), visit the [Residential School Schedule](#) to view specific dates for your degree, or visit the [Policy and Procedure Library](#).

For all modes there will be on-campus and practical attendance requirements for some courses. For some courses external student attendance at identified residential school is necessary to complete the course. In order to successfully complete the program students must be able to fulfil practical attendance requirements of a one week residential school in Years 1 and 2 and a one week residential school twice yearly in Year 3 and 4. Residential schools are arranged at the most convenient times for most students and, depending on the course, may be offered at the Toowoomba or Ipswich campuses.

Core course

- [BIO1203 Human Anatomy and Physiology 1](#) (Highly Recommended)
- [BIO1206 Human Anatomy and Physiology 2](#) (Highly Recommended)

Sport and Exercise courses

- [SES2201 Health, Exercise and Sport Assessment](#) (Mandatory)
- [SES3201 Exercise Program Delivery](#) (Mandatory)

Clinical Exercise Physiology courses

- [SES3130 Clinical Exercise Physiology for Young People](#) (Mandatory)
- [SES3202 Clinical Practice Skills 1](#) (Mandatory)
- [SES3231 Clinical Exercise Physiology for Adult to Middle Age](#) (Mandatory)
- [SES4101 Clinical Exercise Physiology for Mature to Later Years](#) (Mandatory)
- [SES4102 Clinical Practice Skills 2](#) (Mandatory)
- [SES4203 Clinical Exercise Physiology for Special Populations](#) (Mandatory)

Articulation

The Bachelor of Sport and Exercise (Honours) (Clinical Exercise Physiology) does not articulate to any other program, however graduates may be interested in applying for the Master of Science (Research) (Sport and Exercise) Applied or Advanced specialisation programs or seek entry into a professional doctorate program.

Related programs

Bachelor of Sport and Exercise (BSES)

Exit points

The Bachelor of Sport and Exercise (Honours) (Clinical Exercise Physiology) will have the following exit points:

Those students who fail to maintain an average passing grade (GPA 4.0) across levels 1 to 3 will normally not be permitted to enrol in the fourth year of the program and will be e

Students who complete 24 approved courses can exit with a Bachelor of Sport and Exercise (BSES) Applied Sport and Exercise major. Students who complete 16 approved courses can exit with an [Associate Degree of Sport and Exercise](#) (ADSE).

Students who complete 8 approved courses can exit with a [Diploma of Sport and Exercise](#) (DSES).

Credit

Exemptions/credit will be assessed based on the [USQ Credit and Exemption Procedure](#). Graduates from sport and exercise or other university programs within the last 5 years are eligible for exemptions from some of the courses within the BSEH (CEP) program.

Course transfers

Courses may be transferred to other programs; students should consult the relevant Faculty.

Bachelor of Sport and Exercise (Honours) (Clinical Exercise Physiology) recommended enrolment pattern - Semester 1 entry

Students are able to enrol in any of

[SES1299](#), [SES2299](#) and [SES3299](#) add up to complete the 140 hours of professional practice. Please note in regards to HECS these three courses only make up one HECS course not three indi

