

Bachelor of Sport and Exercise (BSES) - BSportEx

Program objectives

On completion of the program graduates will be able to:

- (1) Demonstrate competency and discipline knowledge and skills relevant to health, exercise and fitness and sports performance across the lifespan.
- (2) Demonstrate high level of understanding of exercise related issues and circumstances of individuals and groups, including sports performers and those with disabilities, chronic diseases and from a range of age groups across the lifespan.
- (3) Display well-developed practical skills relevant to laboratory, clinical and field situations in the sport and exercise area.
- (4) Exhibit a high level of commitment to evidence-based practice, good communication skills, professional development and research.
- (5) Demonstrate a competent level of safe, professional and ethical practice displayed in interactions with clients from a range of populations, and a variety of contexts, across the lifespan.

Australian Qualifications Framework

The Australian Qualifications Framework (AQF) is a single national, comprehensive system of qualifications offered by higher education institutions (including universities), vocational education and training institutions and secondary schools. Each AQF qualification has a set of descriptors which define the type and complexity of knowledge, skills and application of knowledge and skills that a graduate who has been awarded that qualification has attained, and the typical volume of learning associated with that qualification type.

This program is at AQF Qualification Level 07. Graduates at this level will have broad and coherent knowledge and skills for professional work and/or further learning.

The full set of levels criteria and qualification type descriptors can be found by visiting www.aqf.edu.au.

Program Information Set

View USQ's admission criteria, student profiles and a summary of all offers made under [Course Admission Information Set](#) via the QTAC website.

Admission requirements

To be eligible for admission, applicants must satisfy the following requirements:

- Have achieved a minimum Overall Position (OP) **15**, tertiary entrance rank **66** or equivalent qualification.[^]
- Subject pre-requisite: English (4,SA) or equivalent.
- English Language Proficiency requirements for Category 2.

All students are required to satisfy the applicable [English language requirements](#).

If students do not meet the English language requirements they may apply to study a University-approved [English language program](#). On successful completion of the English language program, students may be admitted to an award program.

[^] These are determined by the University for specific programs each Semester. The 2018 OP and tertiary entrance ranks are based on agreed QTAC schedules which assess formal study at Year 12 or [equivalent level](#), tertiary, preparatory, professional or vocational qualifications or work experience, as detailed in the QTAC Assessment of Qualifications Manual and QTAC Assessor Guidelines.

Special admissions may help you get into the program of your choice by increasing your Selection Rank. The additional points don't apply to all applicants or all programs. Please read the information about USQ's [Special Admissions](#) carefully to find out what you may be eligible for.

Requirements for professional experience placements

Practical experience is an integral component of the program and each student is required to undertake and satisfactorily complete 140 hours of practical experience.

Progression into practical courses is dependent upon a pass grade in theoretical and other practical courses which have been set as prerequisites.

Applicants must be willing to undertake and submit the requirements of the University of Southern Queensland for practical placement. Please refer to the applicable [Professional Practice Experience Handbook](#) for Bachelor of Sport and Exercise Students.

Program fees

Commonwealth supported place

A Commonwealth supported place is where the Australian Government makes a contribution towards the cost of a student's higher education and students pay a [student contribution amount](#), which varies depending on the courses undertaken. Students are able to calculate the fees for a particular course via the [Course Fee Finder](#).

Commonwealth Supported students may be eligible to defer their fees through a Government loan called [HECS-HELP](#).

Domestic full fee paying place

Domestic full fee paying places are funded entirely through the full fees paid by the student. Full fees vary depending on the courses that are taken. Students are able to calculate the fees for a particular course via the [Course Fee Finder](#).

Domestic full fee paying students may be eligible to defer their fees through a Government loan called [FEE-HELP](#) provided they meet the residency and citizenship requirements.

Australian citizens, Permanent Humanitarian Visa holders, Permanent Resident visa holders and New Zealand citizens who will be resident outside Australia for the duration of their program pay full tuition fees and are not eligible for [FEE-Help](#).

International full fee paying place

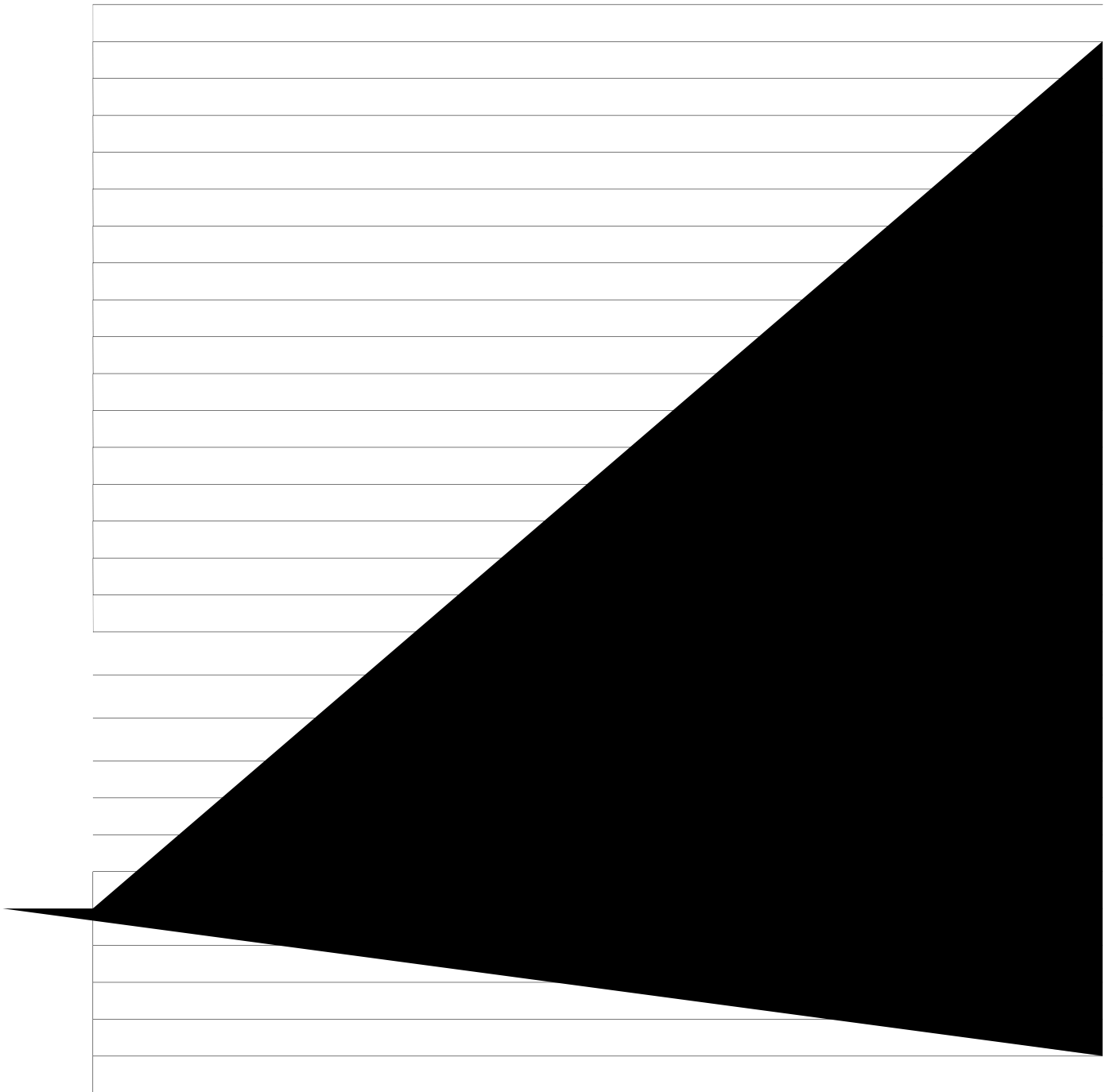
International students pay full fees. Full fees vary depending on the courses that are taken and whether they are studied on-campus, via distance education/online. Students are able to calculate the fees for a particular course via the [Course Fee Finder](#).

Program structure

This program comprises of 24 units including 8 core courses and one of the following combinations:

- one 8-unit major (Applied j/F0 12 Tf1 0 0 1 59.3ing34(h nrTf1 11 Tf1 51ustralient mak)Tj1 01us0 233 TmTm(ernme

Core courses



Sport and Exercise Science major - this major contains 24 core courses and no electives. This major is now subject to ESSA accreditation in a process that will be completed in 2018.

Electives/Approved courses

Students may, on approval of the program coordinator, choose to undertake an eight unit major from any other USQ program or take eight electives. Students may be interested in:

Course Name
EDH2151 Practical Studies in Movement
ACC1101 Accounting for Decision-Making
MGT1001 Foundations of Human Resource Management
MGT2001 Risk Mitigation, Work Health and Safety
LAW1101 Introduction to Law
TOU3010 Event Management
TOU1003 Tourism Management
EDH2254 HPE Curriculum Studies 2
EDH3258 Humans in Movement
BIO1204 Introduction to Biomedical Sciences
BIO2118 Systems Physiology and Pharmacology
BIO1104 Medical Microbiology and Immunology 1
BIO1103 Pathology Studies

Note:

Only students undertaking the Applied Sport and Exercise major will have electives available. Students can choose from any USQ course, however may be interested in law, business, public relations, journalism, biomedical sciences, psychology, and sport, health and physical education. Unless approved by the program coordinator, no more than three (3) electives can be taken at the first year level and at least one elective must be at level 3. Students undertaking the Applied Sport and Exercise major will be able to complete a second major in another discipline area (for example; in business) and have this recognised on their testamur at graduation. Advice with regard to enrolment patterns and other advice will be available to students considering this option. Selection of a second major from any USQ program must be approved by the program coordinator.

Students completing the Applied Sport and Exercise major can seek exemption for 8 electives.

IT requirements

Students must have reliable and ready access to email and the Internet. Broadband access is required for the four compulsory core courses. For information technology requirements, please see the [minimum computing standards](#).

Residential sc

Attendance at mandatory and highly recommended residential schools at the specifi

Applied Sport and Exercise major recommended enrolment pattern - Semester 2 entr

Footnotes

- ^ BIO1203 is available on-campus in Toowoomba and Ipswich. For the Ipswich offer, course lectures are held at Ipswich and course laboratories are held at Springfield.
- # [SES1299](#), [SES2299](#) and [SES3299](#) add up to complete the 140 hours of professional practice. Please note in regards to HECS these three courses only make up one HECS course not three individual HECS courses. Students must complete the professional placement requirements by the end of each year of study to progress to the next year unless approved otherwise.
- ‡ SES1299 and SES3299 placement may occur in S1 and S2. SES2299 placement will only occur S2.