Bachelor of Sport and Exercise Science (Honours) (BSEH) - BSpExHonsCEP

QTAC code (Australian and New Zealand applicants): Ipswich campus: 936211; External: 906215

CRICOS code (International applicants): 093264F

Programs at USQ regularly undergo a comprehensive re-accreditation process to assure their relevance and quality. This program is currently being re-accredited and, as a consequence, is likely to undergo some changes. Full details will be made available when it is approved. If you have any questions, please contact us.

	On-campus*^+	External*^+
Semester intake:	Semester 1 (February) Semester 2 (July)	Semester 1 (February) Semester 2 (July)
Campus:	Ipswich	-
Fees:	Commonwealth supported place Domestic full fee paying place International full fee paying place	Commonwealth supported place Domestic full fee paying place International full fee paying place
Residential school:		Ipswich campus (mandatory)
Standard duration:	4 years full-time; 8 years part-time	

Footnotes

^{*} For all modes there will be on-campus and practical attendance requirements for some courses. In order to successfully complete the program, students must be able to fulfil the practical attendance requirements

This program is available to international on-campus and external students studying i17kha3535.511 268.003 4C code (rnalye, is lik

Program objectives

On completion of the program graduates will be able to:

- (1) Apply proficient levels of discipline knowledge and skills relevant to health, exercise and fitness across the lifespan of an individual.
- (2) Compare and contrast exercise related issues and circumstances of individuals and groups, including sports performers and those with disabilities, chronic diseases and from a range of age groups across the lifespan of an individual.
- (3) Apply highly-developed practical skills relevant to laboratory, clinical and field situations in the sport and exercise area.
- (4) Display evidence-based practice, good communication skills, professional development and research.
- (5) Critically analyse levels of safe, professional and ethical practice displayed in interactions with clients from a range of populations, and a variety of contexts, across the lifespan of an individual.

Australian Qualifications Framework

The Australian Qualifications Framework (AQF) is a single national, comprehensive system of qualifications offered by higher education institutions (including universities), voccluding unifications

Requirements for professional experience placements

Practical experience is an integral component of the program and each student is required to undertake and satisfactorily complete 500 hours of practical experience.

Progression into practical courses is dependent upon a pass grade in theoretical and other practical courses which have been set as prerequisites.

Applicants must be willing to undertake and submit the requirements of the University of Southern Queensland and Queensland Health for practical placement. Please refer to the applicable Professional Practice Experience Handbook for Bachelor of Sport and Exercise (Honours) Students.

Program fees

Commonwealth supported place

A Commonwealth supported place is where the Australian Government makes a contribution towards the cost of a students' higher education and students pay a student contribution amount, which varies depending on the courses undertaken. Students are able to calculate the fees for a particular course via the Course Fee Finder.

Commonwealth Supported students may be eligible to defer their fees through a Government loan called HECS-HELP.

Domestic full fee paying place

Domestic full fee paying places are funded entirely through the full fees paid by the student. Full fees vary depending on the courses that are taken. Students are able to calculate the fees for a particular course via the Course Fee Finder.

Domestic full fee paying students may be eligible to defer their fees through a Government loan called FEE-HELP provided they meet the residency and citizenship requirements.

Australian citizens, Permanent Humanitarian Visa holders, Permanent Resident visa holders and New Zealanderci/F1 11 Tf.

Core courses

	Course Name						
Core courses — same as	EDH2152 Health and Wellbeing						
Bachelor of Sport and Exercise (BSES)	EDH2253 Scientific Bases of Movement 1						
Exercise (DSES)	EDH3256 Sports Administration, Coaching and Officiating						
	BIO1203 Human Anatomy and Physiology 1						
	BIO1206 Human Anatomy and Physiology 2						
	PSY1010 Foundation Psychology A						
	SES1002 Introduction to Sport and Exercise						
	SES2101 Growth, Development and Lifespan						
Sport and Exercise courses	NSC2500 Pharmacology and Pathophysiology in Health						
(courses in common with	PSY3250 Sport and Exercise Psychology						
BSES (Sport and Exercise) major)	SES1299 Professional Placement 1 [#]						
3.7	SES2102 Motor Control and Learning						
	SES2103 Functional Anatomy						
	SES2104 Exercise Physiology						
	SES2201 Health, Exercise and Sport Assessment						
	SES2202 Biomechanics						
	SES2203 Physical Activity and Health						
	SES2204 Strength Training and Conditioning						
	SES2299 Professional Placement 2 [#]						
	SES3299 Professional Placement 3 [#]						
	SES3101 Exercise Prescription and Practice						
	SES3103 Nutrition and Exercise						
	SES3201 Exercise Program Delivery						
	SES3204 Introduction to Research Methods and Statistics						
Specific clinical exercise	COU4150 Wellbeing and Relationships for Professionals						
physiology courses	SES3130 Clinical Exercise Physiology for Young People						
	SES3202 Clinical Practice Skills 1						
	SES3231 Clinical Exercise Physiology for Adult to Middle Age						
	SES4101 Clinical Exercise Physiology for Mature to Later Years						
	SES4102 Clinical Practice Skills 2						
	SES4199 Clinical Professional Placement 1						
	SES4203 Clinical Exercise Physiology for Special Populations						
	SES4202 Clinical Case Studies						
	SES4299 Clinical Professional Placement 2						

Footnotes

[#] SES1299, SES2299 and SES3299 combine to make up one unit and 140 hours of professional practice.

IT requirements

Students must have reliable access to email and the Internet. Broadband access is required for all courses. For information technology requirements, please see the minimum computing standards.

Residential schools

The attendance requirement of residential schools within this degree is indicated by the following letters: V = Voluntary; O = Optional; C = Compulsory; R = Recommended; HR = Highly Recommended; M = Mandatory. To find out more about residential schools, visit the Residential School Schedule to view specific dates for your degree, or visit the Policy and Procedure Library.

For all modes there will be on-campus and practical attendance requirements for some courses. For some courses external student attendance at identified residential school is necessary to complete the course. In order to successfully complete the program students must be able to fulfil practical attendance requirements of a one week residential school in Years 1 and 2 and a one week residential school twice yearly in Year 3 and 4. Residential schools are arranged at the most convenient times for most students and, depending on the course, may be offered at the Toowoomba or Ipswich campuses.

Core course

- BIO1203 Human Anatomy and Physiology 1
- BIO1206 Human Anatomy and Physiology 2

Sport and Exercise courses

- SES2102 Motor Control and Learning
- SES2103 Functional Anatomy
- SES2104 Exercise Physiology
- SES2201 Health, Exercise and Sport Assessment
- SES2202 Biomechanics
- SES2203 Physical Activity and Health
- SES2204 Strength Training and Conditioning
- SES3101 Exercise Prescription and Practice
- SES3201 Exercise Program Delivery

Clinical Exercise Physiology courses

- SES3130 Clinical Exercise Physiology for Young People
- SES3202 Clinical Practice Skills 1
- SES3231 Clinical Exercise Physiology for Adult to Middle Age
- SES4101 Clinical Exercise Physiology for Mature to Later Years
- SES4102 Clinical Practice Skills 2
- SES4203 Clinical Exercise Physiology for Special Populations

Articulation

The Bachelor of Sport and Exercise (Honours) (Clinical Exercise Physiology) does not articulate to any other program, however graduates may be interested in applying for the Master of Science (Research) (Sport and Exercise) Applied or Advanced specialisation programs or seek entry into a professional doctorate program.

Related programs

Bachelor of Sport and Exercise (BSES).

Exit points

The Bachelor of Sport and Exercise (Honours) (Clinical Exercise Physiology) will have the following exit points:

Those students who fail to maintain an average Grade Point Average (GPA) of 5.0 in all courses across years 1 to 3 of the program will not be permitted to enrol in the fourth year of the program and will be exited from the degree. Those students will graduate with a BSES Bachelor of Sport and Exercise Science. Please note: Students who wish to exit under the Sport and Exercise Science major will need to meet the Exercise and Sport Science Australia (ESSA) requirements. This requirement will mean the completion of three required courses in Lev

@ I ropb	Vb^o lcmoldo^j ^ka pbj bpqbo fk tef`e`lropb fp kloj^iv pqrafba					Obpfabkqf^i p`elli	Bkoli j bkq obn r fob j bkqp		

@lroki fpb	Vb^o Ic	/b^olcmoldo^j ^ka pb j bpqbofkktefle`lropb fp kloj^iiv pqrafba p`elli		Obpfabkqf^i p`elli	ofabkqf^i Bkolijbkq obnrfobjbkqp 'elli	u qbfp^i		
								-
								-
								-