

## Bachelor of Sport and Exercise Science (BSES) - BSportEx

QTAC code (Australian and New Zealand applicants): Toowoomba campus: 906111; External: 906145;  
Ipswich campus: 936111

CRICOS code (International applicants): 084354A

|                            | <b>On-campus<sup>^+</sup></b>   | <b>External<sup>^+</sup></b>  |
|----------------------------|---|---|
| <b>Start:</b>              | Semester 1 (February)<br>Semester 2 (July)  | Semester 1 (February)<br>Semester 2 (July)  |
| <b>Campus:</b>             | Ipswich, Toowoomba  | -   |
| <b>Fees:</b>               | Commonwealth supported place<br>Domestic full fee paying place<br>International full fee paying place | Commonwealth supported place<br>Domestic full fee paying place<br>International full fee paying place |
| <b>Residential school:</b> |   | Ipswich (Mandatory)   |
|                            | 3 years full-t 8 603.742 159.628 62ce   |   |

- (2) Appraise and apply relevant exercise related knowledge and skills to specific contexts, cognisant of the circumstances of individuals and groups, including sports performers and those with disabilities, chronic diseases and from a range of age groups across the lifespan.
- (3) Act autonomously to display well-developed practical skills relevant to laboratory, clinical and field situations in the sport and exercise area.
- (4) Exhibit and apply knowledge of evidence-based practice, advanced oral, written and digital communication skills, and professional development to clearly and coherently communicate concepts, information and ideas to relevant stakeholders.
- (5) Integrate and apply a competent level of safe, professional integrity and ethical practice displayed in interactions with clients from a range of populations, and a variety of contexts, across the lifespan.

## **Australian Qualifications Framework**

The Australian Qualifications Framework (AQF) is a single national, comprehensive system of qualifications offered by higher education institutions (including universities), vocational education and training institutions and secondary schools. Each AQF qualification has a set of descriptors which define the type and complexity of knowledge, skills and application of knowledge and skills that a graduate who has been awarded that qualification has attained, and the typical volume of learning associated with that qualification type.

This program is at AQF Qualification Level 07. Graduates at this level will have broad and coherent knowledge and skills for professional work and/or further learning.

The full set of levels criteria and qualification type descriptors can be found by visiting [www.aqf.edu.au](http://www.aqf.edu.au).

## **Program Information Set**

View USQ's admission criteria, student profiles and a summary of all offers made under [Course Admission Information Set](#) via the QTAC website.

## **Admission requirements**

To be eligible for admission, applicants must satisfy the following requirements:

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## Requirements for professional experience placements

Practical experience is an integral component of the program and each student is required to undertake and satisfactorily complete 140 hours of practical experience.

Progression into practical courses is dependent upon a pass grade in theoretical and other practical courses which have been set as prerequisites.

Applicants must be willing to undertake and submit the requirements of the University of Southern Queensland for practical placement. Please refer to the applicable [Professional Practice Experience Handbook](#) for Bachelor of Sport and Exercise Science students.

### **Mandatory documents required prior to commencing ANY clinical placements in the program:**

- Blue Card or Working with Children Check
- First Aid Certificate
- Cardiopulmonary Resuscitation Certificate (CPR)
- USQ Student Declaration

If a student is unable to obtain a positive Blue Card or Working with Children Check, they will be required to provide an Australian Police Certificate.

## Program fees

### **Commonwealth supported place**

A Commonwealth supported place is where the Australian Government makes a contribution towards the cost of a students' higher education and students pay a [student contribution amount](#), which varies depending on the courses undertaken. Students are able to calculate the fees for a particular course via the [Course Fee Finder](#).

Commonwealth Supported students may be eligible to defer their fees through a Government loan called



## Residential schools

The attendance requirement of residential schools within this degree is indicated by the following letters: V = Voluntary; O = Optional; C = Compulsory; R = Recommended; HR = Highly Recommended; M = Mandatory. To find out more about [residential schools](#), visit the [Residential School Schedule](#) to view specific dates for your degree, or visit the [Policy and Procedure Library](#).

For all modes there will be on-campus and practical attendance requirements for some courses. External students are required to attend practical classes in residential schools. In addition to residential schools, placements will require face-to-face attendance on-campus (eg: USQ's Sport and Exercise Clinic at the Ipswich campus) or at agreed external placement sites.

- [BIO1203 Human Anatomy and Physiology 1](#)
- [BIO1206 Human Anatomy and Physiology 2](#)
- [SES2102 Motor Control and Learning](#)
- [SES2103 Functional Anatomy](#)
- [SES2104 Exercise Physiology](#)
- [SES2201 Health, Exercise and Sport Assessment](#)
- [SES2202 Biomechanics](#)
- [SES3206 Strength Training and Conditioning](#)
- [SES3101 Exercise Prescription and Practice](#)
- [SES3102 Principles of Sports Medicine and Rehabilitation](#)
- [SES2205 Exercise Program Delivery](#)

## Articulation

The Bachelor of Sport and Exercise Science does not articulate to any other program. However, graduates may be interested in applying for and seeking up to four units worth of credit in the [MSCN Master of Science \(Sport and Exercise\)](#).

## Related programs

[BEDU Bachelor of Education](#) (Sport, Health and Physical Education specialisation)

[BSEH Bachelor of Sport and Exercise Science \(Honours\)](#)

## Exit points

- [Associate Degree of Sport and Exercise Science \(ADSE\)](#) after successful completion of 16 Sport and Exercise courses.
- [Diploma of Sport and Exercise Science \(DSES\)](#) after completion of eight Sport and Exercise courses.
- Any students exiting with the ADSE or DSES who later want to return to complete the BSES degree, and have not completed all the courses in the 1st and 2nd years, may have to enrol on a part-time basis to satisfy necessary pre-requisites.

## Credit

Exemptions/credit will be assessed based on the [USQ Credit and Exemption Procedure](#).

## Course transfers

Courses may be transferred to other programs; students should consult the relevant Faculty.

## Recommended enrolment pattern - Semester 1 entry

Students are able to enrol in any offered mode of a course (on-campus, external or online), regardless of the program mode of study they enrolled in.

**Note:** Additional requirements of a First Aid Certificate and CPR qualification are required. Some short course or other requirements independent of university courses may in some cases need to be completed.



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