

# **Bachelor of Sport and Exercise Science (Honours) (BSEH) - BSpExHons**

QTAC code (Australian and New Zealand applicants): External: 906215; Ipswich campus: 936211

CRICOS code (International applicants): 093264F

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- Satisfactorily complete all courses with 10 years.
- Satisfactorily complete the first 3 years of the Bachelor of Sport and Exercise Science (Honours), as well as maintaining satisf

Applicants are advised to also address the following:

- [Assumed knowledge](#) expectations: English.

All students are required to satisfy the applicable [English language requirements](#).

If students do not meet the English language requirements they may apply to study a University-approved [English language program](#). On successful completion of the English language program, students may be admitted to an award program.

^ These are determined by the University for specific programs each Semester. The 2021 ATAR and tertiary entrance ranks are based on agreed QTAC schedules which assess formal study at Year 12 or [equivalent level](#), tertiary, preparatory, professional or vocational qualifications or work experience, as detailed in the QTAC Assessment of Qualifications Manual and QTAC Assessor Guidelines.

Adjustment factors may help you get into the program of your choice by increasing your entrance rank. The additional points don't apply to all applicants or all programs. Please read the information about UniSQ's [Adjustment Factors](#) carefully to find out what you may be eligible for.

### **Requirements for professional experience placements**

Practical experience is an integral component of the program and each student is required to undertake and satisfactorily complete 500 hours of practical experience (placement). Some placements are conducted on campus at Ipswich. All students are required to undertake a portion of clinical placement in a regional, rural, or remote setting. Placements are not paid..

Progression into placement courses is dependent upon a pass grade in theoretical and other practical courses which have been set as prerequisites.

Applicants must be willing to undertake and submit the requirements of the University of Southern Queensland arlw He15gC

## **Program fees**

### **Commonwealth supported place**

A Commonwealth supported place is where the Australian Government makes a contribution towards the cost of a students' higher education and students pay a [student contribution amount](#), which varies depending on the courses undertaken. Students are able to calculate the fees for a particular course via the [Course Fee Schedules](#).

Commonwealth Supported students may be eligible to defer their fees through a Government loan called [HECS-HELP](#).

### **Domestic full fee paying place**

Domestic full fee paying places are funded entirely through the full fees paid by the student. Full fees vary depending on the courses that are taken. Students are able to calculate the fees for a particular course via the [Course Fee Schedule](#)

Domestic full fee paying students may be eligible to defer their fees through a Government loan called [FEE-HELP](#) provided they meet the residency and citizenship requirements.

Australian citizens, Permanent Humanitarian Visa holders, Permanent Resident visa holders and New Zealand citizens who will be resident outside Australia for the duration of their program pay full tuition fees and are not eligible for [FEE-Help](#).

### **International full fee paying place**

International students pay full fees. Full fees vary depending on the courses that are taken and whether they are studian



## Required time limits

Students have a maximum of 10 years to complete this program.

## IT requirements

Students must have reliable access to email and the Internet. Broadband access is required for all courses. For information technology requirements, please see the [minimum computing standards](#).

## Residential schools

The attendance requirement of residential schools within this degree is indicated by the following letters: R = Recommended; HR = Highly Recommended; M = Mandatory. To find out more about [residential schools](#), visit the [Residential School Schedule](#) to view specific dates for your degree, or visit the [Policy and Procedure Library](#).

For all modes there will be on-campus and practical attendance requirements for some courses. External students are required to attend practical classes in residential schools. In addition to residential schools, placements will require face-to-face attendance on-campus (eg: UniSQ's Sport and Exercise Clinic at the Ipswich campus) or at agreed external placement sites.

## Courses

- [BIO1203 Human Anatomy and Physiology 1](#)
- [BIO1206 Human Anatomy and Physiology 2](#)
- [SES1002 Introduction to Sport and Exercise](#)
- [SES1103 Nutrition and Exercise](#)
- [SES2102 Motor Control and Learning](#)
- [SES2103 Functional Anatomy](#)
- [SES2104 Exercise Physiology](#)
- [SES2201 Health, Exercise and Sport Assessment](#)
- [SES2202 Biomechanics](#)
- [SES2203 Physical Activity and Health](#)
- [SES3206 Strength Training and Conditioning](#)
- [SES3101 Exercise Prescription and Practice](#)
- [SES2205 Exercise Program Delivery](#)
- [SES3130 Clinical Exercise Physiology for Young People](#)
- [SES3202 Clinical Practice Skills 1](#)
- [SES3231 Clinical Exercise Physiology for Adult to Middle Age](#)
- [SES4101 Clinical Exercise Physiology for Mature to Later Years](#)
- [SES4102 Clinical Practice Skills 2](#)
- [SES4203 Clinical Practice Skills 3](#)

## Articulation

The Bachelor of Sport and Exercise Science (Honours) (Clinical Exercise Physiology) does not articulate to any other program, however graduates may be interested in applying for the Master of Science (Research) (Sport and Exercise) Applied or Advanced specialisation programs or seek entry into a professional doctorate program.

## Related programs

[Bachelor of Sport and Exercise Science](#)

## Exit points

The Bachelor of Sport and Exercise Science (Honours) will have the following exit points:

Students who do not maintain sufficient academic progress in all courses across years 1 to 3 of the program

students will graduate with a [Bachelor of Sport and Exercise Science](#). **Please note:** Students who wish to exit with the [Bachelor of Sport and Exercise Science](#) will need to meet the Exercise and Sport Science Australia (ESSA) requirements.

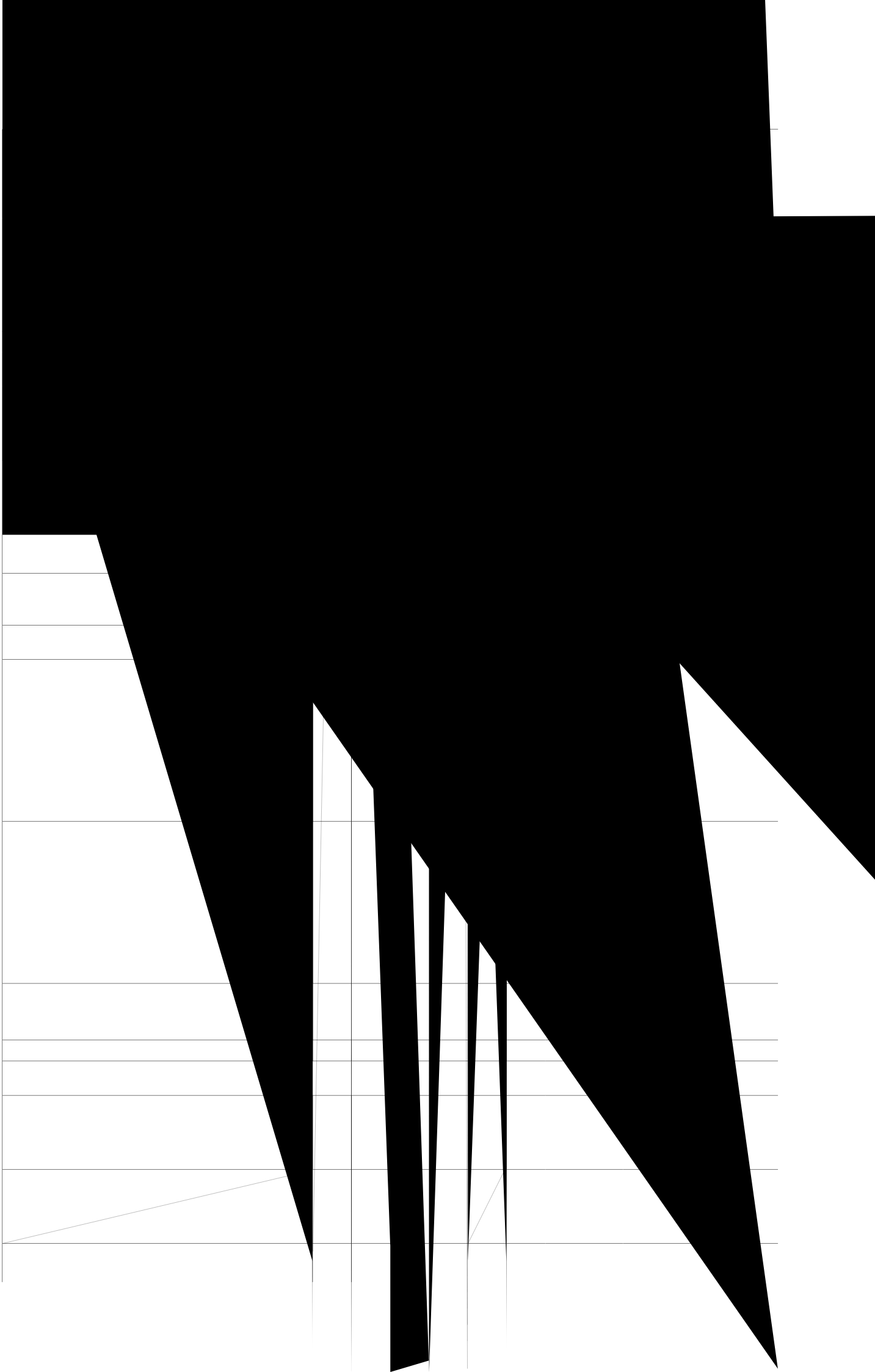
Students who successfully complete 16 approved courses can exit with an [Associate Degree of Sport and Exercise Science](#) (ADSE).

Students who successfully complete 8 approved courses can exit with a [Diploma of Sport and Exercise Science](#) (DSES).

### **Credit**

Exemptions/credit will be assessed based on the [UniSQ Credit and Exemption Procedure](#). Graduates from sport and exercise or other university programs within the last 5 years are eligible to apply for exemptions from some of the courses within the Bachelor of Sport and Exercise Science (Honours) program.

For courses in year 4, credit is available only if students have previously completed studies at another Australian university towards a degree accredited at the exercise physiology level. Work experience and/or studies in










Course Name	Credit Points						Mode	Prerequisites
	Semester 1		Semester 2		Total			
	Units	ECTS	Units	ECTS	Units	ECTS		
SES4102 Clinical Practice Skills 2 *	5	1	5	1			M	Pre-requisite: <a href="#">SES3202</a> and ( <a href="#">SES3299</a> or <a href="#">SES3399</a> ) and Students must be enrolled in the following Program: BSEH
SES4199 Clinical Professional Placement 1			5	1				Pre-requisite: <a href="#">SES3202</a> and ( <a href="#">SES3299</a> or <a href="#">SES3399</a> ) and Students must be enrolled in the following Program: BSEH

**Footnotes**

- < Unavailable in Semester 1 in 2022
- \* Unavailable in on-campus mode in 2022
- ^ [BIO1203](#) available on-campus in Toowoomba and Ipswich. For the Ipswich offer, course lectures are held at Ipswich and course laboratories are held at Springfield.
- + The on-campus offering of this course is only available at the Ipswich campus.
- # Students must complete professional placement requirements by the end of the year of study to progress to the next year unless approved otherwise.
- ‡ [SES3399](#) and [SES4199](#) placements will occur in S1. [SES4299](#) placement will occur in S2.
- ~ If [SES3205](#) has been completed prior to 2021, please contact the Program Director for course progression advice.